

WHEN SHOULD I GO WHERE?

Live Healthy. Feel Healthy.



| EMERGENCY ROOM | URGENT CARE CLINIC | PRIMARY CARE DOCTOR |
|--|---|--|
| Broken bones or dislocated joints | Sprains or strains in your muscles or ligaments | A sports physical |
| Severe flu symptoms or a fever with a rash | Moderate flu symptoms or a fever without a rash | Mild flu symptoms with no fever or rash |
| Seizures or slurred speech | Wheezing or shortness of breath | A sore throat or coughing and congestion |
| Concussions or a head, or eye injury | Abdominal pain | Painful urination or bowel movement |
| Fainting or confusion | Vomiting or diarrhea | Ear or eye pain with any discharge |
| Severe cuts that need stitches | Small cuts that require stitches | Annual checkup |
| Bleeding while pregnant | Dehydration or difficulty concentrating | Annual vaccinations |

Learn more at
TogetherInCommunity.org

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Washington State Department of
HEALTH